Tel: 063 91197
email: secretary@scoilpol.ie
www.scoilpol.ie

Scoil Pól,
Kilfinane,
Co. Limerick.
V35 YH27

Dear Parent/Guardian,

As part of the SPHE programme in Junior Cycle (1st –3rd Years) SPHE teachers will be delivering lessons linked to Relationships and Sexuality. This delivery will take place between **January and April 2027.**

RSE is a required part of the curriculum and provides our students with a healthy understanding of all aspects of relationships. It will help them to develop positive attitudes and values towards their sexuality in a moral, spiritual and social framework. It will also help them develop skills for coping with peer pressure, conflict and threats to personal safety.

RSE provides opportunities for young people to learn about both relationships and sexuality, to increase their knowledge and skills, and to explore their attitudes in a safe environment.

Details of this module and course content is available on the following links:
https://www.curriculumonline.ie/Junior-Cycle/Short-Courses/SPHE/

We are aware that we are building on the conversations that you have had with your son/ daughter. We would encourage you to continue to talk to your son/daughter about the RSE programme in school.

RSE is an **obligatory requirement** of the Department of Education and Skills and it should be inclusive. However, a parent's/guardian's right to withdraw a student from themes pertaining to sensitive issues will be respected on the understanding that the parent/guardian is taking full responsibility for this aspect of education. Parents are obliged to inform the school **in writing** of their decision to withdraw the child from RSE classes. If for any reason, you would prefer that your son/daughter does not participate in these lessons please notify the school via email at secretary@scoilpol.ie

The school cannot be responsible for any information which a child may receive outside the direct teaching of RSE lessons.

Yours faithfully,

Catriona O'Dea

Catriona O'Dea Wellbeing Coordinator

Principal