Scoil Pól,
Kilfinane,
Co. Limerick.
V35 YH27

Tel: 063 91197
email: secretary@scoilpol.ie
www.scoilpol.ie

Dear Parent/Guardian,

As part of the SPHE programme in Senior Cycle (TY –6th Year) SPHE teachers will be delivering lessons linked to Relationships and Sexuality. This delivery will take place between **October and December 2026.**

RSE lessons will be in line with the Department of Education's Specification for Senior Cycle Social Personal and Health Education (SPHE), which is available online at this link: https://www.curriculumonline.ie/senior-cycle/sphe/

R.S.E. is a required part of the curriculum and provides our students with a healthy understanding of all aspects of relationships. It will help them develop positive attitudes and values towards their sexuality within a moral, spiritual and social framework. It will also help them develop skills for coping with peer pressure, conflict, and threats to personal safety.

We are aware that we are building on the conversations you have had with your son/daughter. We encourage you to continue talking to your son/daughter about the R.S.E. programme in school and to address any concerns he/she might have.
Should you have any queries or concerns, please contact the school, and we will support you in any way possible.

RSE is an **obligatory requirement** of the Department of Education and Skills and it should be inclusive. However, a parent's/guardian's right to withdraw a student from themes pertaining to sensitive issues will be respected on the understanding that the parent/guardian is taking full responsibility for this aspect of education. Parents are obliged to inform the school **in writing** of their decision to withdraw the child from RSE classes. If for any reason, you would prefer that your son/daughter does not participate in these lessons please notify the school via email at secretary@scoilpol.ie ***The school cannot be responsible for any information which a child may receive outside the direct teaching of RSE lessons.***

Yours faithfully,

Catriona O'Dea

Catriona O'Dea Wellbeing Coordinator

Principal